

Swim Instructor Clinic



This 16 hour class provides students with the knowledge and skills to teach swim lessons to children ages 3 and up. We discuss and explore the mechanics of body position in the water, stroke development, personal water comfort levels and development of students, class management, lesson planning tools and strategies, and child development and behavior towards the water and swimming. We also cover the expectations of each skill and lesson level of the Valdez Parks & Recreation Swim Lesson program and the importance of creating a partnership between the child, parents and instructors to produce a successful outcome in a child's swim experience.

This class is free and is offered two to three times per year as needed to meet the swim lesson demands of the Parks and Recreation Department. A class is generally offered in May and November of each year, but may be offered at other times as well. Check back for the next class info or call Wendy at 835-5429 or email wclubb@ci.valdez.ak.us for the latest information.



Valdez Parks & Recreation