

Ellis and Associates International Lifeguard Training Program

This 40 hour course will cover in water rescue techniques, in water back boarding and spinal immobilization, distressed swimmer recognition techniques, risk management in an aquatic environment, First Aid, CPR Rescuer with Supplemental Oxygen application and AED administration.

The E&A ILTP Course is taught two or three times a year as needed to meet the demands of the community needs. Generally the ILTP Course is scheduled in late February and late August. Check back often for the latest information or call Wendy at 835-5429 or email wclubb@ci.valdez.ak



Valdez Parks & Recreation